

Odessa Family YMCA Pool Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM	Lap & Open *	Lap & Open *	Lap & Open *	Lap & Open *	Lap & Open *		
6:15 AM	Exercise	Exercise	Exercise	Exercise	Exercise		
7:00 AM	5:30 - 7:30	5:30-9:00	5:30 - 7:30	5:30-9:00	5:30 - 7:30		
7:30 AM	Aquacize***	Aquacize***	Aquacize***	Aquacize***	Aquacize***		
8:00 AM							
8:30 AM	8:30-9:30	9:00-10:00	8:30-9:30	9:00-10:00	8:30-9:30		
9:00 AM	9:30-10:30		9:30-10:30		9:30-10:30		
9:30 AM	Arthritis	10:00-11:00	Arthritis	10:00-11:00	Arthritis	Adult Open *	
10:00 AM	10:30-11:00	Day Care Swim	10:30-11:00	Day Care Swim	10:30-11:00	9:00-12:00 AM	
11:00 AM	Family & Lap *	Lap Swim *	Family & Lap *	Lap Swim *	Family & Lap *		POOL CLOSED ON SUNDAY
12:00 PM	11:00 - 12:00	11:00 - 1:00	11:00 - 12:00	11:00 - 1:00	11:00 - 12:00		
1:30 PM	Lap Swim *	Family &Lap *	Lap Swim *	Family &Lap *	Lap Swim *		
2:00 PM	12:00 - 2:00	1:00 - 2:00	12:00 - 2:00	1:00 - 2:00	12:00 - 2:00	Open Swim*	
3:00 PM	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED		
4:00 PM	2:00-4:30	2:00-4:30	2:00-4:15	2:00-4:30	2:00-4:15	2:00-4:00 PM	
4:30 PM	Open & Lap Swim	Open & Lap Swim	Open & Lap Swim	Open & Lap Swim	Open & Lap Swim		
5:00 PM							
5:30 PM	4:30-5:30	4:30-5:30	4:15-8:30*	4:30-5:30	4:15-7:30*		
6:00 PM	Aquacize**	Aquacize**		Aquacize**			
6:30 PM	5:30 - 6:30	5:30 - 6:30		5:30 - 6:30			
7:00 PM	Open & Lap Swim *	Open & Lap Swim		Open & Lap Swim			
7:30 PM							
8:00 PM	6:30-8:30	6:30-9:00*		6:30-9:00*			
8:30 PM							

*Lap lanes available **Lap lanes may be available but not guaranteed due to lesson enrollment ***No lap lanes available

Open Swim - For all ages. Children must be 6 years old to swim without the direct supervision of an adult.

OUR MISSION:

To Put Christian Principles into practice and to enrich the quality of spiritual, mental, physical and social life for our children, our families, ourselves, and our community.

Lap Swim - For Adults 17 years and over.

Please do not bring Children to Aquacize Classes.

Times are subject to change according to demand.